



3rd UKHD/EUROPEAN CARDIOVASCULAR DISEASES UPDATE CONGRESS

OCTOBER 1-4 2026 BRUSSELS

HOTEL LE PLAZA BRUSSELS





3rd UKHD/EUROPEAN CARDIOVASCULAR DISEASES UPDATE CONGRESS

1-4 OCT 2026, HOTEL LE PLAZA BRUSSELS / BRUSSELS

1 OCT 2026

16:00-16:50 OPENING CEREMONY

RATIONAL DRUG USE IN CV FIELD

Moderators: Dr. Francesco Fici, Dr. İstemihan Tengiz

16:00-16:10 Introduction speech

Dr. İstemihan Tengiz

16:10-16:20 Introduction speech

Dr. Francesco Fici

16:20-16:50 Functional medicine and rational drug use in the cardiovascular field

Dr. Sabır Jahid

16:50-17:00 COFFEE BREAK

17:00-18:00 SESSION I

Moderatör / Moderator: Dr. İstemihan Tengiz

17:00-17:30 Lp-a in cardiovascular protection

Dr. Yasmin Rustamova

17:30-18:00 The future in treatment of dyslipidaemias

Dr. Francesco Fici



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2 OCT 2026

09:30-10:30 SESSION II

Moderator: Dr. Ertuğrul Ercan

09:30-10:30 Diabetes: Diagnostic and therapeutic principles
Dr. Mustafa Araz

10:30-10:45 COFFEE BREAK

10:45-11:45 SESSION III

Moderator: Dr. Francesco Fici

10:45-11:45 Management of complication in type 2 diabetes
Dr. Philippe van de Borne

11:45-12:15 COFFEE BREAK

12:15-13:30 SESSION IV

Moderator: Dr. Francesco Fici

12:15-13:30 Pharmacological approach in hypertension treatment: Current guidelines
Dr. Gianfranco Parati

13:30-15:00 LUNCH

15:00-16:00 SESSION V

Moderator: Dr. Konstantinos Tsioufis

15:00-16:00 Management of dyslipidaemia with guidelines
Dr. Oğuz Yavuzgil

16:00-16:15 COFFEE BREAK

16:15-17:30 SESSION VI

Moderator: Dr. İstemihan Tengiz

16:15-17:30 Atrial fibrillation management and anticoagulant use
Dr. Nihal Akar Bayram



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3 OCT 2026

09:30-10:30 SESSION VII

Moderator: Dr. Gianfranco Parati

09:30-10:30 Case reports in hypertension treatment
Dr. Roberto Robles

10:30-10:45 COFFEE BREAK

10:45-11:45 SESSION VIII

Moderator: Dr. Ertuğrul Ercan

10:30-11:45 Case reports in dyslipidemia treatment
Dr. Oğuz Yavuzgil

11:45-12:15 COFFEE BREAK

12:15-13:15 SESSION IX

Moderator: Dr. Hector Jose Bueno Zamora

12:15-13:15 Case reports in type 2 diabetes treatment
Dr. Atacan Akmeşe

13:15-14:45 LUNCH

14:45-16:00 SESSION X

Moderator: Dr. Nihal Akar Bayram

14:45-16:00 Case reports in atrial fibrillation treatment
Dr. Gunay Rehimova

4 OCT 2026

10:00-10:40 SESSION XI

Moderator: Dr. Ertuğrul Ercan

10:00-10:40 Coronary artery disease management: 2026
Dr. İstemihan Tengiz

10:40-11:00 COFFEE BREAK

11:00-11:40 SESSION XII

Moderator: Dr. İstemihan Tengiz

11:00-11:40 International cooperation plans in the KV field
Dr. Francesco Fici

11:40-12:00 Closing

Dr. Francesco Fici, Dr. İstemihan Tengiz